



**College Station ISD  
School Health Advisory Council**



Regular Meeting Agenda  
January 19, 2023  
6:00 - 7:00 PM  
CSISD Boardroom

As required by the State of Texas, School Health Advisory Council meetings must meet the requirements of the open meetings act, allow for public comment, prepare and keep minutes of meetings, make a recording of the meeting, and post this information on the district website.

All postings regarding CSISD SHAC Meeting can be found at the following website:  
[https://www.csisd.org/departments/health\\_services/school\\_health\\_advisory\\_council\\_wellness\\_plan](https://www.csisd.org/departments/health_services/school_health_advisory_council_wellness_plan)

The following items will be included on the agenda for the January 19, 2023 meeting:

Item Nos.	Description
A.	Call To Order / Welcome <ul style="list-style-type: none"> <li>Beginning Time: 6:01</li> </ul>
B.	Documentation of Attendance <ul style="list-style-type: none"> <li>In Attendance at the Meeting: Tracey Calanog, Erin Ferris, Alyssa Locklear, Beth McNeill, Tiffany Parkerson, Magan Smith, Megan Symank, Kevin Starnes, Harper Steph, William Poland, Monica Palacios</li> </ul>
C.	Approval of Minutes from November 2022 Meeting <ul style="list-style-type: none"> <li>Motion to Approve: Erin Ferris</li> <li>Second: Alyssa Locklear</li> <li>Motion Passes</li> </ul>
<b>New Business</b>	
E.	Continue Discussions about SHAC self-evaluation form. <ul style="list-style-type: none"> <li>Discussion regarding options for SHAC self-evaluations               <ul style="list-style-type: none"> <li>School Health Advisory Council: A Guide for Texas School Districts</li> <li>Action for Health Kids: Establishing Your Priorities</li> </ul> </li> <li>Discussion regarding establishing SHAC by-laws               <ul style="list-style-type: none"> <li>Email will be sent to request SHAC members to serve on a subcommittee for establishing by-laws</li> </ul> </li> </ul>
F.	Presentation by Brazos Valley Coalition on Suicide Prevention <ul style="list-style-type: none"> <li>Monica Palacios shared her son Miguel's story and her involvement with BVCOSP (Brazos Valley Coalition on Suicide Prevention)</li> <li>Member asked Monica for her recommendations regarding suicide prevention for CSISD students</li> <li>BVCOSP and the Texas A&amp;M Suicide Office would like to support the district</li> </ul>

	<p>with establishing student groups at CSISD campuses</p> <ul style="list-style-type: none"> <li>● BVCOSP was chosen to host a local call center for the 988 Suicide and Crisis Lifeline for the Brazos Valley. They need help getting the word out regarding this resource.</li> <li>● BVCOSP would like to also bring suicide prevention education to staff and teachers</li> <li>● NAMI (National Alliance on Mental Illness) is providing mental health first aid for adults and youth</li> <li>● Texas A&amp;M School of Public Health recently received a grant for training the trainers regarding mental health first aid. Trainers would train adults and then adults would train the students.</li> <li>● Another school district utilized counselors who nominated students to be trained regarding mental health first aid. These students would then assist other students on campus. Students trained in mental health first aid would wear their shirts every few weeks to remind other on campus.</li> </ul>
G.	<p>Closing Comments</p> <ul style="list-style-type: none"> <li>● Next Steps: Kevin will send an email to the entire SHAC committee asking for volunteers to serve on the SHAC by-laws committee.</li> </ul>
H.	<p>Adjournment</p> <ul style="list-style-type: none"> <li>● Motion to Adjourn: Erin Ferris</li> <li>● Second: Beth McNeil</li> <li>● Motion Approved</li> </ul>
I.	<p>Future Meeting Dates</p> <ul style="list-style-type: none"> <li>● February 15, 2023 <ul style="list-style-type: none"> <li>○ 6:00 PM</li> <li>○ CSISD Boardroom</li> </ul> </li> </ul>